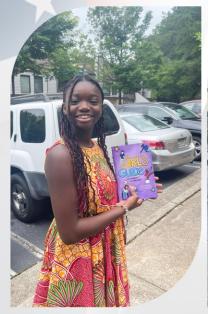


2022 has been a productive year for us at Girls Flow Free. Our period poverty project in the United Kingdom has kicked off in Milton Keynes with funding from the Milton Keynes Community Foundation. This project is benefitting a wider group of people including refugees and asylum seekers, care leavers, families, school girls and the homeless. The Mayor of Milton Keynes, Cllr Amanda Marlow graced the launch. GFF MK has partnered with 5 local charities in Milton Keynes in 'fighting' period poverty. We only started in May and have already supplied 350 packs of menstrual pads!



The Pearls of Atlanta workshop that was scheduled for June has been cancelled due to operational reasons. However, the book donation we received from Columbia University (Adolescent Girls Guide to Puberty) have been distributed to girls with excellent feedback.









We are happy to announce that we have now moved from our old office in Bantama, to Agric Junction in Kumasi. We now have a purpose-built premise, housing our office, sewing centre, and storage. This is a huge relief for us considering the challenges we have faced in the past with storing our pads and convenient office space for schools to collect their pads. The new premises also puts us in a stronger position for applying for funding for our reusable pads project.







Our Executive Director was in Ghana last month for our annual menstrual health and hygiene outreach. In her words: "Every trip to Ghana opens my mind to see how our theory of change is being translated in the lives of the girls we are supporting. It was humbling listening to the stories of girls and how your donations are making such a huge difference in their education and futures. I invite you to come with me on my next trip". Sophia Acheampong

"Enrolment in my school has increased, teenage pregnancy has reduced this is due to the supply of menstrual pads by Girls Flow Free"- Mr Justice Nsiah, headteacher, Behenase Basic School, Ashanti Region. 100% school attendance for girls in Denkyemuoso Basic and Behenase Basic School in the last academic year.

We haven't recorded any cases of teenage pregnancy from our beneficiary schools in the first part of 2022









Thank Jow for your donations







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